

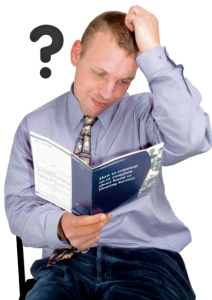
What is a learning disability?



Easy read guide



Some people have a learning disability.



This means they may learn in different ways to other people.



Some people need a little support.



Some people need a lot of support.



People with a learning disability are all different.



For example, they may need support to:

- Learn new things



- Understand information



- Do everyday tasks



- Make important choices



- Travel on their own



- Look after their money



A learning disability is lifelong.
That means people have it for
their whole life.



People can be told they have a
learning disability at any age.

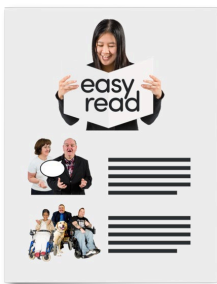


The support a person needs
may change over time.

Support for people with learning disabilities



Different things help different people.



Some people with a learning disability may find it helpful to have:

- Information in easy read



- Pictures to help explain information



- Support to do everyday tasks



- Extra time to do tasks



- Support to go out



- Different communication tools



It is important to ask people how they like to communicate.



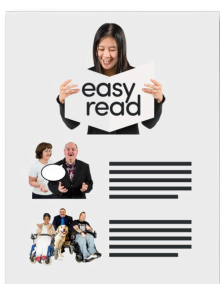
With the right support, people with learning disabilities can do things they did not think were possible.



Some people with a learning disability might have other support needs.



People with a learning disability can sometimes be autistic too.



You can read about autism in our [easy read guide on autism](#).



Everyone should get the support that is right for them.



www.seeability.org



facebook.com/RSB.seeability



01372 755000



eyecare@seeability.org

SeeAbility is the operating name of the Royal School for the Blind founded in 1799. Registered charity number 255913.

Reviewed: June 2026.

Photosymbols®

Professional Licence 6240768360503