

Be eye care aware

These are the essential things to think about when supporting people with learning disabilities.



Think vision

People with learning disabilities are much more likely to have sight problems. But many are not getting the eye care they need.



Have an eye test every year

You often can't tell if someone has a sight problem. The only way to know for sure is a regular sight test.



Wear the right glasses – and look after them

6 in 10 people with learning disabilities need to wear glasses. People need the right glasses for the right task and support to get used to wearing them. Glasses should be kept clean and well maintained.

Get the right support

The right support to manage eye conditions and live with sight loss is essential. This could include:

- Access to treatments and eye surgery.
- Support to make the best use of someone's vision.
- Specialist equipment and support for people living with sight loss.

Vision Passport

Information about my sight **SEE ABILITY**
Live. Love. Thrive. Belong.

Please fill in my Vision Passport and share it with those who support me. It will help you understand me and how you should support me.

Part 1

My name is

Please call me

This profile was written with me on (date)

Please review this profile with me after 6 months (planned date)

About My Eye Tests – everyone should have an eye test every year.

My most recent eye test was on (date)

My next eye test is due on (date)

For results of my last eye test, please read my "Eye Test Results" form. You can get a copy from: seeability.org/resources/results-my-eye-test

More eye care information at SeeAbility.org
Available to download and use as a poster.