

Eye test results

The results of an eye test

Using this form – There are two ways of filling in this form:

It can be printed off and written on.

It is a Word document that can be filled in and saved on computer using Adobe Acrobat reader. To find it online go to:

seeability.org/feedback-optom

This form is to be completed by an optometrist, orthoptist or other eye health professional.

It will help a person with a learning disability and their supporters understand their eyesight and eye health. Please keep it with their Health Action Plan.

Details of me and my eye care professional

My name:

Who completed this form, where the test was done and their contact details:

Date and details of my eye test

Date of this test:

Recommended date of next test:

Who was present at my eye test?

Section 2 – Actions from my eye test

Summary:

Are glasses needed?

Yes

No

Am I eligible for certification as sight impaired or severely sight impaired?

Yes

No

Do I need to see another specialist?

Yes

No

If applicable: EHCP (Education Health and Care Plan) should include information about visual needs.

Yes

No

Section 3 – Glasses

Were glasses prescribed?

Yes

No

If Yes, this is the glasses prescription:

R I G H T	Sph	Cyl	Axis	Prism		Sph	Cyl	Axis	Prism	L E F T
					DIST					
					NEAR					

If you have problems with your glasses, make sure you return to your dispensing optician who fitted them so they can help you. It is very important to wear glasses if you need them. Information on wearing and getting used to glasses can be found at seeability.org/glasses

Glasses are needed for:

Looking at things near - like reading and looking at photos.

Looking at things far away - like watching TV or looking at a view.

Looking at things both near and far away.

Please say more here if needed (including if a second pair is prescribed what is it for):

Section 4 – What was found in the vision tests.

Visual acuity

‘Visual acuity’ describes how well black on white detail can be seen (with glasses if needed).

We were able to measure visual acuity for looking at things:

This was OK.

This was not assessed/unable to assess.

There is a problem.

Details:

[Examples of the effect of reduced visual acuity Ulster.ac.uk](http://Ulster.ac.uk)

Contrast sensitivity

How well objects can be seen against different backgrounds.

We measured visual acuity for looking at things:

This was OK.

This was not assessed/unable to assess.

There is a problem.

Details:

Binocular vision

This is how well the eyes work and move together and give 3D vision.

We measured visual acuity for looking at things:

This was OK.

This was not assessed/unable to assess.

There is a problem.

Details:

Colour vision (if this was tested)

We measured visual acuity for looking at things:

This was OK.

This was not assessed/unable to assess.

There is a problem.

Details:

Visual field

This is how well things can be seen to the side of the central vision (peripheral vision).

This was OK.

This was not assessed/unable to assess.

There is a problem.

Details:

Low vision aids

Low vision aids are tools like magnifying glasses and lamps that help if your vision is reduced.

Should I use low vision aids?

Yes

No

Please say more below – if ‘yes’, include where I can get them and who can help me use them.

Details:

Section 5 – About eye health.

Outside of the eyes

The health of the outside of the eyes – my eye lids and lashes, cornea, conjunctiva, etc.

This was OK.

This was not assessed/unable to assess.

There is a problem.

Details:

Inside of the eyes

The health of the inside of the eyes – lens, iris, retina, etc.

This was OK.

This was not assessed/unable to assess.

There is a problem.

Details:

My eye pressure

This is usually tested in everyone over 40. If it is high, it might be a sign of an eye condition called glaucoma that can be treated.

This was OK.

This was not assessed/unable to assess.

There is a problem.

Details:



www.seeability.org



facebook.com/RSB.seeability



[@seeability](https://twitter.com/seeability)



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