

Eye Care Messages

For people with learning disabilities.



Easy read fact sheet



Adults with learning disabilities are 10 times more likely to have serious sight problems than other adults.

Children are 28 times more likely.



There are about 1.5 million people in the United Kingdom with a learning disability.



People with very high support needs are most likely to have sight problems.



They may not know they have a sight problem and may not be able to tell people.



Supporters, carers and teachers often think that people can see very well.



6 in 10 people with learning disabilities need glasses and often need support to get used to them.



Adults need to have an eye test every two years, sometimes more often.

Children should have an eye test every year.



Regular sight tests and wearing glasses helps people stay healthy and get the most from life.



Endorsed by Mencap and RNIB.



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