

These are the essential things to think about when supporting people with learning disabilities.



Think vision

People with learning disabilities are much more likely to have sight problems. But many are not getting the eye care they need.



Have a sight test at least every 2 years

You often can't tell if someone has a sight problem. The only way to know for sure is a regular sight test.



Wear the right glasses – and look after them

6 in 10 people with learning disabilities need to wear glasses. People need the right glasses for the right task and support to get used to wearing them. Glasses should be kept clean and well maintained.

Get the right support

The right support to manage eye conditions and live with sight loss is essential. This could include:

- Access to treatments and eye surgery
- Support to make the best use of someone's vision
- Specialist equipment and support for people living with sight loss

The screenshot shows the 'Vision Passport' form from SeeAbility. It includes a header with the SeeAbility logo and tagline. Below the header, there's a section titled 'Information about my sight' with instructions to fill in the passport and share it with supporters. The form has several input fields: 'My name is', 'Please call me', 'This profile was written with me on (date)', and 'Please review this profile with me after 6 months (planned date)'. There's also a section for 'About My Eye Tests' with fields for 'My most recent eye test was on (date)' and 'My next eye test is due on (date)'. At the bottom, it says 'For results of my last eye test please read my "Feedback from the Optometrist" form' and includes a small thumbnail of that form.

More eye care information at [SeeAbility.org](https://www.seeability.org)
Available to download and use as a poster.