

SEE ABILITY

Live. Love. Thrive. Belong.

Transitions

Planning for adult life

Choosing the right support for life after school, college or the family home.



The transition

The people we support and their families tell us the move from home or college is one that can be difficult. SeeAbility tries to make this process as stress-free as possible by taking the time to get to know you and your loved one, and what support you are looking for. Once your local authority has written the care and support plan and has given you a budget, (either a direct payment or individual budget), SeeAbility's expert teams can offer you information and guidance to help you understand the options available to your son or daughter.

We know that the best outcomes are achieved when we work in collaboration with families. You will be involved in every step from recruiting the support team and finding the right accommodation, to attending planning and feedback meetings to ensure things are staying on track. We also have a family charter which sets out our commitment to working with you, and outlines your personal preferences for how you'd like to stay involved and stay in touch.

We'd be delighted to show you around some of our homes and talk with you about what's needed to ensure exciting and positive outcomes are achieved in the next stages of your child's adult life.

Ready Willing, Able

Your son or daughter may like to benefit from our supported employment programme, Ready, Willing and Able, which aims to help people we support to secure meaningful work.

Creating Connections

People we support at SeeAbility can also benefit from our recently launched Creating Connections initiative, which aims to empower people to gain digital skills and thereby the confidence to connect with others and stay safe online. As a result of the programme, 9 in 10 people who took part say they now feel confident, or very confident, using technology.

SeeAbility's support and accommodation

SeeAbility provides highly specialist support for people with learning disabilities and autism. This specialist support is complemented by one of the most comprehensive in-house teams of specialists in the country.

This means that every person we support has access to the right kind of expert attention they need, when they need it. Our Specialist Support team includes consultant behaviour analysts, speech and language therapists, physiotherapists, and vision rehabilitation workers; this support can be provided as part of your son or daughter's support package when commissioned. Everything we do is underpinned by positive behaviour support.

All our services are registered with the Care Quality Commission (CQC) and we are proud to have one of the highest compliance levels in the social care sector, with 100% of our homes rated as 'good'.

Meet Ellie & Daniela

Before Ellie and Daniela moved into their own homes for the first time, the SeeAbility support team worked closely to get to know them both, so they could deliver truly person-centred support. Many valuable hours were spent with the families developing individual support plans, ensuring that Ellie and Daniela were fully involved in all the important decisions about their future. Both have now settled into their new home and are really loving their new found independence.

"The huge sense of relief cannot be underestimated. We're extremely grateful"

- Sharon, Ellie's mum



Meet Ed

After one attempt at leaving the family home broke down, Ed and Sharon were referred to SeeAbility. The team helped Ed organise his week around the things he liked to do, and after living a secluded life he is now a confident and active member of his community.

"It's changed all our lives"

- Sharon, Ed's mum



We're here to help

We know how important it is to make the right decision at this time, and that you'll probably have lots of questions. Please do get in touch - we're very happy to discuss your son/daughter's needs and talk about how we can help make the next stages of life extraordinary!




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About SeeAbility

We specialise in supporting people who have learning disabilities or who are autistic to live ambitious lives and achieve things they never thought possible. Whether that is forming more friendships and relationships, enjoying new experiences and activities or finding employment.

We encourage people with disabilities to challenge what they expect from life, from themselves and from wider society.

 www.seeability.org  [Facebook.com/RBS.seeability](https://www.facebook.com/RBS.seeability)  [Twitter: @seeability](https://twitter.com/@seeability)

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