

LOCSU Pathway Easy Read Factsheet



How people with learning disabilities can get the right help for their eyes

SEE ABILITY
Extraordinary every day

Easy read factsheet



This factsheet has been written by opticians and other people interested in eye care. Opticians test your eyes. They are also called optometrists. We call them opticians in this factsheet.



What is the LOCSU pathway?

LOCSU is the **L**ocal **O**ptical **C**ommittee **S**upport **U**nit. This group helps opticians in England



A Pathway is a word to describe what needs to happen for people to get the support they need

The LOCSU pathway is about what needs to happen for people to get good eye care



What does the LOCSU pathway do?



The pathway says that everyone should have an eye test every two years



An eye test helps someone to have healthy eyes and to see well



The pathway will help people with learning disabilities to get good eye care

Why do we need the pathway?



Adults with learning disabilities are 10 times more likely to have serious sight problems than other people



People with very high support needs are most likely to have sight problems



Supporters, carers and teachers often think that people can see very well



Regular eye tests and wearing glasses helps people stay healthy and get the most from life



People may find the eye test hard if they don't know what is going to happen



Communication can be difficult in eye tests for people with learning disabilities



People have the right to have Reasonable Adjustments in place like using pictures instead of letters

How does the pathway work?

There will be a list of opticians who are part of the pathway



Choose which optician to visit. If you cannot go to the optician, you can have an eye test at home

Telling the optometrist about me

Getting ready for my eye test **SeeABILITY**

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Opticians test your eyes
They are also called optometrists
We call them opticians in this factsheet
Please fill in this form and take it with you to your eye test
Your supporter can fill in this form with you.

Please also take these things with you to your eye test:

- Your glasses, if you have any and your prescription from your last eye test
- Any letters or reports from your eye appointments
- Evidence of any benefits you get
Your Health Action Plan or your Support Plan

Fill in SeeAbility's "Telling the optometrist about me" form. This information will help the optician and help you to prepare for your visit to the optician. Download the form at www.seeability.org/optom



Have your eye test. The optician can do the eye test in different ways



You might need glasses to help you see better. You might need to pay some money for your glasses

Feedback from my optometrist
The results of my eye test
seeABILITY
Easy read factsheet

Using this form – There are two ways of filling in this form:

- It can be printed off and written on
- It is a Word document that can be filled in and saved on computer using Adobe Acrobat reader

To find it online go to : www.seeability.org

I need my optometrist (optician) to fill in this form
It will help me and my supporters to understand my eye sight and the health of my eyes

This form includes my prescription (GOS 2)

This form should be kept in my health action plan

Section 1 – Details of me and my optician

My Name:

My optician's name and address:

The optician will give you your "Feedback from the optometrist" form. This is the results of your eye test. Download the form at www.seeability.org/feedback-optom



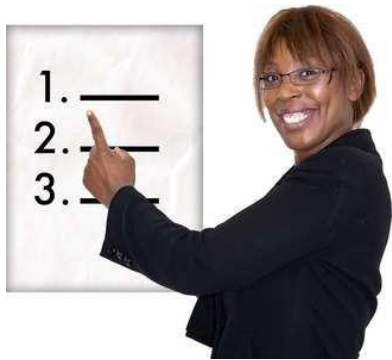
If you have an eye problem the optician can arrange for you to see an eye doctor at the hospital



The optician will tell you when to come back for your next eye test



Remember to put the date in your diary



How does the pathway help?

There will be a list of opticians so people can choose where to go



The opticians are trained to work with people with learning disabilities

A form titled "Telling the optometrist about me" with the subtitle "Getting ready for my eye test". It features the SeeAbility logo and the text "Easy read factsheet". The form contains several sections: "Opticians test your eyes" (explaining they are also called optometrists), "Please fill in this form and take it with you to your eye test" (noting a supporter can fill it in), and "Please also take these things with you to your eye test:" (listing glasses, letters/reports, and evidence of benefits).

Using SeeAbility's "Telling the optometrist about me" form helps you to prepare for your visit



You will be able to have a longer appointment



The optician will be paid more money for your appointment

Feedback from my optometrist

The results of my eye test

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Enabling lives

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My Name:

My optician's name and address:

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Using SeeAbility's "Feedback from the optometrist" form will help you to understand the results of your eye test



How to set up the pathway in your area

Any local area can set up the eye care pathway. It costs money to set up the pathway



To set up a pathway you can contact your local **Clinical Commissioning Group**. This group is also called a **CCG**



Clinical Commissioning Groups choose what local services to have



You can also contact your **Local Optical Committee (LOC)**. This is a group of opticians that meet in your local area



You can ask your LOC about having the pathway in your area. You can tell them what you think about eye tests in your area



For more information about eye care go to:

www.seeability.org/looking-after-your-eyes

**SEE
ABILITY**



www.seeability.org



Facebook: [Facebook.com/RSB.seeability](https://www.facebook.com/RSB.seeability)



Twitter: @seeability



Youtube: www.youtube.com/SeeAbilityFilms



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